

Part 11 STANDARDS APPLICABLE TO RESIDENTIAL TREATMENT FACILITIES

11.1 DEFINITION

Residential Treatment Facility (RTF) provides for the diagnosis and treatment of severely emotionally disturbed and /or Mentally ill children under the age of twenty-one (21) who require less than acute inpatient care but who need a structured environment with intensive treatment facilities.

11.2 GOALS OF RESIDENTIAL TREATMENT

The goals of residential treatment are to:

- ☐ Alleviate immediate emotional problems or immediate psychiatric symptomatology;
- ☐ Evaluate and provide the treatment needs of the child or adolescent; and,
- ☐ Restore the child or adolescent to a stable functioning level leading to his/her return home, or to a less restrictive environment.

11.3 GENERAL PROGRAM REQUIREMENTS

Residential Treatment Facility services must be:

11.3.1 Provided Under the Care of a Psychiatrist

Provided under the care of a psychiatrist specializing in children and adolescents, who is eligible for Board certification.

11.3.2 JACHO Accredited

Rendered by a psychiatric facility or an inpatient program in a psychiatric facility, accredited by the Joint Commission on Accreditation of Health Care Organizations for psychiatric hospitals.

11.3.3 Provided Before the Client Reaches Age Twenty-One

Provided before the client reaches age 21, or if the client was receiving the services immediately before he/she reached age twenty one 21, before the earlier or the following:

- ☐ The date he/she no longer requires the services; or
- ☐ The date he/she reaches the age of 22.

11.3.4 Delivered with Centralized Residential Setting

Delivered within a centralized residential setting, including medical, educational, psychosocial and recreational activities.

11.3.5 Multi-Disciplinary Input

Physician driven and include input from nurses, social workers, psychologists, and other clinical staff in the treatment planning and service delivery. The various disciplines work together to provide a variety of treatment modalities to clients which are both medical and behavioral in nature.

11.3.6 Services Implemented Under Federal Guidelines and Medically Necessary

Medically necessary and meet Certification of Need criteria for Inpatient Psychiatric Services:

- ☐ In compliance with the federal regulations detailed in the Code of Federal Regulation (CFR) regarding Inpatient Psychiatric Hospital Services to Individuals Under 21[Code of Federal regulation (42 CFR, Part441, Subpart D)].
- ☐ Prior authorization (Part 11.7.1)
- ☐ Meet eligibility requirements (Part 11.6)